

ABIGAIL REBEKAH SHOWN

• abigail-rebekah.com • 801-608-9866 • abigail.rebekah.shown@gmail.com •

Education

2021	University of Utah School of Dance	Modern Dance BFA – Undergrad. Research Scholar
2023	200-HR Yoga Certification (RYS)	CorePower Yoga (Yoga Alliance)

Teaching

2023 – Current	Premiere Performing Arts	<i>Musical Theater, Contemporary, Ballet, Jazz, Tap</i>
2024 – Current	Steps on Broadway	<i>Substitute Teacher: Yoga for Dancers</i>
2023 – Current	Guest Teacher – Festival Dance	<i>Musical Theater Technique</i>
2024 – Current	Private Yoga Coaching	<i>Coaching Dancers/Actors</i>
2023 – Current	Freelance Yoga Teaching	<i>Teaching variety of levels Vinyasa Yoga</i>
2024	Halletts Point Pilates & Yoga	<i>Vinyasa Yoga</i>
2023	Brooklyn Acting Lab	<i>Mini Musical & Summer Programs</i>
2022 - 2023	Art Center East	<i>Adult Ballet, Creative Movement, Ballet, & Jazz</i>
2015 - 2022	Festival Dance Academy & Performing Arts	<i>Ballet, Pointe, Conditioning, Musical Theater</i>
2021	University of Utah Theater Program	<i>Devising Movement for Actors (Ages 21 – 25)</i>
2020 – 2021	Poise Dance Center	<i>Contemporary II, III, IV, V (Ages 7 – 18)</i>
2018 – 2023	Troy Arts Council Theater Camps	<i>Theatre Dance/ Physical Theatre (Ages 8 – 18)</i>
2018 – 2022	Ballet Arts Utah	<i>Substitute Teacher for Ballet Levels 1& 4 (Ages 8 – 12)</i>
2017	EOH Summer Theatre Camps	<i>Dance Teacher/Assist Dir. (Ages 8 – 15)</i>
2017	Lionel Hampton Jazz Festival	<i>Musical Theatre Jazz, Classical Jazz (Ages 14 – 24)</i>
2013 - 2015	Troy Ballet Classes	<i>Beginning Ballet & Jazz (Ages 4 – 10)</i>

Choreography/Direction

2024	<i>Anastasia</i>	Choreo.	Michael Kaplan, From Stage to Screen
2024	<i>Oklahoma</i>	Choreo.	Kenn Wheeler, Troy Community Theatre
2024	<i>Oklahoma</i>	Choreo.	Dexter Brigham, Cornwell Dinner Theater
2022	<i>The Music Man</i>	Choreo./Dir.	Samuel Shown, Troy Community Theatre
2022	<i>Once Upon a Mattress</i>	Choreo.	Keira Stogin, Washougal High School
2022	<i>A Gentleman's Guide to Love & Murder</i>	Choreo	Kenn Wheeler, Eastern Oregon University
2022	<i>classic surrealist simplicity</i>	Choreo.	Abigail Rebekah, Art Center East
2021	<i>A Christmas Carol</i>	Choreo.	John Kretzu, La Grande Shakespeare Co.
2021	<i>All Together Now</i>	Choreo.	Kenn Wheeler, Eastern Oregon University
2021	<i>Newsies</i>	Choreo./Asst. Dir.	Ricky Kimball, Troy Community Theatre

Arts Administration

2024 – Current	The Athletic Performer	Co-Founder
	<i>Description: Fitness & Health business themed for performing artists</i>	
2018 – Current	Troy Arts Council	Administrator/Grant Writer/Camp Director
	<i>Description: marketing lead, grant writing, funder relations, guest artists facilitator</i>	
2021 – 2023	Art Center East	Development Coordinator
	<i>Description: marketing lead, grant writing, funder relations, event management</i>	
2021	Flying Bobcat	Senior Internship (Collaborator/Administration)
	<i>Responsibilities: creative team and marketing team member, create ideas for new work and guest artists</i>	